

Sr. Master Kaminski's ATA Martial Arts Academy  
 Class Schedule Effective Date **September 1, 2019**  
 412-492-9998

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>ATA TIGERS (Ages 4-6)</b>						
<b>Tiger White &amp; Orange Belts</b>	<b>5:30</b>		<b>6:15</b>	<b>4:45</b>		<b>9:45</b>
<b>Tiger Yellow through Red Belts</b>	<b>6:15</b>		<b>4:45</b>	<b>5:30</b>		<b>11:15</b>
<b>KARATE KIDS (Ages 7-12)</b>						
<b>White, Orange, &amp; Yellow Belts</b>	<b>4:45</b>		<b>5:30</b>	<b>6:15</b>		<b>10:30</b>
Camo, Green, & Purple Belts Blue & Brown Belts	6:30		4:15	5:45		11:15
Red Belts 1BR (red/black belts)	5:45		6:30	4:15		9:45
1 <sup>st</sup> & 2 <sup>nd</sup> Degree Black Belts	4:15		5:45	6:30		10:30
<b>LEADERSHIP CLASS</b>	5:00		5:00	5:00		
<b>TEENS &amp; ADULTS</b>						
Taekwondo: All Belt Ranks	7:15		12:30 & 7:15	7:15		9:00am
LEGACY CLASS	8:00					
LEADERSHIP CLASS				8:00		

- ★ All classes are **45 minutes**. Class times in **BOLD** are in the 2<sup>ND</sup> Workout Room.
- ★ Class schedule is subject to change.
- ★ Receive text alerts, reminders, & school closings, Text: @masterk to **81010**
- ★ **Parents** are responsible for all children and siblings not in the classroom at all times.
- ★ **FOOD, Drinks, Pets, Smoking & Soliciting are NOT PERMITTED in the Academy.**
- ★ The Academy is not responsible for any items left on the premise.
- ★ Please **RESPECT** our Academy! Thank You!
- ★ [www.kaminskisata.com](http://www.kaminskisata.com) and [Kaminskis ATA](#) on Facebook