

Sr. Master Kaminski's ATA Martial Arts Academy
 Class Schedule Effective Date **January 2, 2020**
 412-492-9998

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ATA TIGERS (Ages 4-6)						
Tiger White & Orange Belts	5:30		6:15	4:45		9:45
Tiger Yellow through Red Belts	6:15		4:45	5:30		11:15
KARATE KIDS (Ages 7-12)						
White, Orange, & Yellow Belts Camo, Green, & Purple Belts	6:30		4:15	5:45		11:15
Blue, Brown, & Red Belts 1BR (red/black belts)	5:45		6:30	4:15		9:45
1 st Degree Black Belts – Level 1	4:15		5:45	6:30		10:30
1 st Degree Black Belts – Level 2	4:15		5:45	6:30 *		10:30 *
LEADERSHIP CLASS	5:00		5:00	5:00		
TEENS & ADULTS						
Taekwondo: All Belt Ranks	7:15		7:15	7:15		9:00am
LEGACY CLASS	8:00					
LEADERSHIP CLASS				8:00		
Private Lessons (30 mins)	4:00 – 5:30		5:30 – 6:00			

- ★ All classes are **45 minutes**. Class times in **BOLD** are in the 2ND Workout Room. Class schedule is subject to change.
- ★ Receive text alerts, reminders, & school closings, Text: @masterk to 81010
- ★ **Parents** are responsible for all children and siblings not in the classroom at all times.
- ★ **FOOD, Drinks, Pets, Smoking & Soliciting are NOT PERMITTED in the Academy.**
- ★ The Academy is not responsible for any items left on the premise.
- ★ Please **RESPECT** our Academy! Thank You!
- ★ www.kaminskisata.com and [Kaminskis ATA](#) on Facebook