

# INTEGRITY

What is the dictionary's definition of INTEGRITY?

---

---

What do you think INTEGRITY means?

---

---

Give an example of INTEGRITY?

---

---



# HONESTY

Why shouldn't you tell lies?

---

---

If you do something wrong why is it better to tell the truth than to lie about it?

---

---

How is cheating like lying?

---

---

Who is the most HONEST person you know? \_\_\_\_\_

Why should karate kids be HONEST?

---

---

---

# VALUES

What are VALUES?

---

---

Where do we learn our VALUES?

---

---

List 10 positive VALUES.

1. \_\_\_\_\_
3. \_\_\_\_\_
5. \_\_\_\_\_
7. \_\_\_\_\_
9. \_\_\_\_\_

2. \_\_\_\_\_
4. \_\_\_\_\_
6. \_\_\_\_\_
8. \_\_\_\_\_
10. \_\_\_\_\_



# COURAGE

What is the dictionary's definition of COURAGE?

---

---

Can you have COURAGE and still be afraid?

---

---

Give an example of when you have used COURAGE.

---

---

Who are some people that show COURAGE?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_