

Tiny Tigers

Name _____ Belt _____

RESPECT

Circle the ways that you can show RESPECT for someone:

Being polite to them

Arguing with them

Follow their example

Listening to them

Being friendly with them

Ignoring them

Name one person that you RESPECT and why you respect them.

List three ways that you can show a person RESPECT.

1. _____
2. _____
3. _____

Fill in the blank.

RESPECT is something you have to _____.

TRUST

How can you show someone that they can TRUST you?

What is a person who you don't know called? A _____

Why shouldn't you TRUST a stranger?

Name the three people you TRUST most.

1. _____
2. _____
3. _____

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APPRECIATION

To APPRECIATE someone means to.

Give a reason why you should APPRECIATE the following people:

Your Mom and Dad. _____

Your Teacher at school. _____

One or your Friends. _____

Your Taekwondo Instructor. _____

Choose one of the above and describe how you can show your APPRECIATION for that person:

SELF-RESPECT

Put a check in front of the examples that show SELF-RESPECT:

_____ You call yourself stupid when you miss answers on a test.

_____ You eat good foods because you know they help your body stay healthy.

_____ You make sure that you get enough sleep at night.

_____ You are serious and not silly during Taekwondo class because you know you will learn more.

_____ You give up on something because you didn't do well the first time you tried.

TRUE OR FALSE:

_____ If you show respect for yourself, others will respect you: