

TINY TIGER HOMEWORK

Name _____ Belt _____

PERSEVERANCE

Circle the group of words that finishes the following sentence correctly.

Perseverance means to _____.

- a. give up when the going gets tough.
- b. try for a while, then find something else to do.
- c. keep working at something until you finish it.

What have you done which showed that you had perseverance?

FOCUS

TRUE OR FALSE:

1. _____ Focus also means to concentrate on something.
2. _____ You can focus on your Taekwondo training by acting silly during class.
3. _____ Sitting in a quiet area without the TV on can help you focus on doing well on your homework.
4. _____ Focusing on your instructor at Taekwondo can help you learn to do better kicks and punches.
5. _____ Watching what is going on outside of class at Taekwondo instead of watching the instructor will help you learn your form better.
6. _____ Talking while your teacher is going over schoolwork will help you to earn good grades.

COMMITMENT

A commitment is like a promise. Our Tiny Tiger Oath contains promises we should try to keep every day. List three of the five promises we make with our Tiny Tiger Oath:

1. _____
2. _____
3. _____

List three things you are COMMITTED to learn in school:

1. _____
2. _____
3. _____

OVERCOMING OBSTACLES

Circle the right word(s) to complete the sentences correctly:

1. An obstacle makes reaching our goals HARDER OR EASIER.
2. To overcome an obstacle we must GIVE UP OR PERSEVERE.
3. Focusing in class will HELP OR HURT us in overcoming an obstacle.
4. To overcome some obstacles, we should PRACTICE OR NOT TRY.
5. Overcoming an obstacle will make us feel BADLY OR PROUD.
6. To overcome some obstacles, we may have to put forth A LOT OF OR VERY LITTLE effort.
7. Overcoming obstacles makes us WEAKER OR STRONGER.
8. Trying our best ALWAYS OR NEVER helps us to overcome obstacles.