

Kaminski's ATA Martial Arts Academy
 Class Schedule Effective Date **September 3, 2024**
 412-492-9998

ATA TIGERS (Ages 4-6)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tiger White & Orange Belts*	5:30	6:15	6:15	5:30		
Tiger Yellow through Red Belts*	6:15	5:30	5:30	6:15		
KARATE KIDS (Ages 7-12)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
White, Orange, Yellow, Camo & Green	5:00	5:45	6:30	5:00		
Purple, Blue, & Brown Belts	5:00	5:45	6:30	5:00		
Red, 1BR(red/black), 1 st & 2 nd Degree Black Belts	5:45	6:30	5:00	5:45		
Champions In Training Program (Leadership)			5:45			
TEENS & ADULTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All Color Belts & 1 st Degree Black Belts	7:15	7:15	7:15	7:15		
2 nd , & 3 rd , & 4 th Degree Black Belts	7:15	7:15	7:15	7:15		
Champions In Training Program (Leadership)	6:30			6:30		
Instructor & Legacy Class		5:00				

- ★ Class times in ***BOLD** are in the 2ND Workout Room.
- ★ Class schedule is subject to change.
- ★ The Academy is not responsible for any items left on the premises.
- ★ Please like our FB business page Kaminskis ATA & join our private group: Kaminski's KREW Members Only Group
- ★ Receive text alerts, reminders, & school closings, Text: @masterk to 81010
- ★ www.kaminskisata.com