

Kaminski's ATA Martial Arts Academy
 Class Schedule Effective Date **September 18, 2023**
 412-492-9998

| ATA TIGERS (Ages 4-6) | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|-------------|--------------|-------------|--------------|--------|----------|
| Tiger White, Orange & Yellow Belts* | 5:30 | 4:45 | 6:15 | 5:30 | | |
| Tiger Camo through Red Belts* | 6:15 | 5:30 | 5:30 | 4:45 | | |
| KARATE KIDS (Ages 7-12) | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| White, Orange, Yellow, Camo & Green | 5:45 | 6:15* | 5:00 | 6:15* | | |
| Purple, Blue, Brown, Red & 1BR Belts | 5:00 | 5:45 | 6:30 | 5:00 | | |
| 1 st Degree Black Belts | 6:30 | 7:15 | 5:45 | 6:30 | | |
| Champions In Training Program (Leadership) | | | | 5:45 | | |
| TEENS & ADULTS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| All Color Belts & 1 st Degree Black Belts | 6:30 | 7:15 | 5:45 | 6:30 | | |
| 2 nd , & 3 rd , & 4 th Degree Black Belts | 8:00 | 6:30 | 7:15 | 7:15 | | |
| Champions In Training Program (Leadership) | 7:15 | | | 8:00 | | |
| Instructor & Legacy Class | | 5:00 | | | | |

- ★ Class times in ***BOLD** are in the 2ND Workout Room.
- ★ Class schedule is subject to change.
- ★ The Academy is not responsible for any items left on the premises.
- ★ Please like our FB business page Kaminskis ATA & join our private group: Kaminski's KREW Members Only Group
- ★ Receive text alerts, reminders, & school closings, Text: @masterk to 81010
- ★ www.kaminskisata.com