

Sr. Master Kaminski's ATA Martial Arts Academy
 Class Schedule Effective Date **September 1, 2022**
 412-492-9998

ATA TIGERS (Ages 4-6)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tiger White & Orange Belts*	4:45	4:45	5:30	6:15		
Tiger Yellow through Red Belts*	5:30	5:30	6:15	4:45		
KARATE KIDS (Ages 7-12)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
White, Orange, Yellow, Camo, & Green Belts*	6:15	6:15	4:45	5:30		
Purple, Blue, & Brown Belts	5:45	5:00	6:30	5:00		
Red & 1BR(red/black) Belts 1 st Degree Black Belts	5:00	4:15	5:45	6:30		
LEADERSHIP CLASS			5:00			
TEENS & ADULTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All Color Belts & 1 st Degree Black Belts	8:00	5:45	8:00	8:00		
2 nd Degree Black Belts – 1 st Level	6:30	6:30	7:15	5:45		
2 nd Degree Black Belts – 2 nd Level	8:00	5:45	8:00	8:00		
3 rd & 4 th Degree Black Belts	8:00	5:45	8:00	8:00		
LEADERSHIP & LEGACY CLASS	7:15			7:15		

- ★ Class times in ***BOLD** are in the 2ND Workout Room.
- ★ Class schedule is subject to change.
- ★ The Academy is not responsible for any items left on the premise.
- ★ Please like our FB business page Kaminskis ATA & join our private group: Kaminski's KREW Members Only Group
- ★ Receive text alerts, reminders, & school closings, Text: @masterk to **81010**
- ★ www.kaminskisata.com