

Kaminski's ATA Martial Arts Academy  
 Class Schedule Effective Date **January 8, 2024**  
 412-492-9998

ATA TIGERS (Ages 4-6)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tiger White, Orange, Yellow Belts*	<b>5:30</b>	<b>6:15</b>	<b>6:15</b>	<b>5:30</b>		
Tiger Camo through Red Belts*	<b>6:15</b>	<b>5:30</b>	<b>5:30</b>	<b>6:15</b>		
KARATE KIDS (Ages 7-12)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
White, Orange, Yellow, Camo & Green	5:00	5:45	6:30	5:00		
Purple, Blue, & Brown Belts	5:00	5:45	6:30	5:00		
Red, 1BR(red/black), & 1 <sup>st</sup> Degree Black Belts	5:45	6:30	5:00	5:45		
Champions In Training Program (Leadership)			5:45			
TEENS & ADULTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All Color Belts & 1 <sup>st</sup> Degree Black Belts	7:15	7:15	7:15	7:15		
2 <sup>nd</sup> , & 3 <sup>rd</sup> , & 4 <sup>th</sup> Degree Black Belts	7:15	7:15	7:15	7:15		
Champions In Training Program (Leadership)	6:30			6:30		
Instructor & Legacy Class		5:00				

- ★ Class times in **\*BOLD** are in the 2<sup>ND</sup> Workout Room.
- ★ Class schedule is subject to change.
- ★ The Academy is not responsible for any items left on the premises.
- ★ Please like our FB business page Kaminskis ATA & join our private group: Kaminski's KREW Members Only Group
- ★ Receive text alerts, reminders, & school closings, Text: @masterk to 81010
- ★ [www.kaminskisata.com](http://www.kaminskisata.com)