

The KREW Schedule - Effective Date **January 4, 2021**

In-Person Class – 16 student limit	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All ATA Tigers (ages 4-6): White – Red Belts			5:00	5:45		9:45
White, Orange, Yellow, Camo, Green, & Purple Belts	5:00			6:30		10:30
Blue, Brown, Red, & 1BR (red/black) Belts	5:45		6:30	5:00 Spar		11:15
1 st Degree Black Belts	6:30		5:45	5:00 Spar		9:00
2 nd , 3 rd & 4 th Degree Black Belts	8:00		7:15	7:15		9:00
Leadership/Legacy Class	7:15 Combat					
Adult Sparring Class				8:00 Spar		
ZOOM Class Schedule	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
White through Purple Belts			5:45	6:30		9:45
Blue, Brown, Red, & 1BR (red/black) Belts	5:45		6:30			11:15
1 st , 2 nd , 3 rd , & 4 th Degree Black Belts	7:15			7:15		10:30

- ★ Classes are **35-40 minutes**. Schedule is subject to change. Wear your white or black uniform & belt. Only bring the weapon you need for class.
- ★ **In-Person Sparring & Combat classes will practice with partners. There may be contact. Come at your own risk. Waivers must be signed & turned in. Bring sparring & combat gear.**
- ★ Classes are limited 16 student per class. Register for In-Person classes at:
www.signupgenius.com/go/9040848aba723aaf58-regular
- ★ Zoom Class Meeting ID: 359 605 6499
- ★ For updates visit: www.kaminskisata.com or Facebook Page: www.facebook.com/masterkaminski
- ★ To receive announcements & updates via text messages - Text: @**masterk** to **81010**
- ★ Join our private Facebook group, search for: Kaminski's KREW Members Only Group