

Name _____ Belt _____

SELF-AWARENESS

1. Look up the word awareness in the dictionary and write its definition: _____

2. What are some of the things you need to be aware of around your house?

_____	_____
_____	_____
_____	_____

3. How can self-awareness be even better than self-defense?

SAFETY

1. List 10 things that are made specifically for safety purposes (example: fire extinguishers are used to put out fires):

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

2. How will you make your Halloween a safe one? _____

3. Describe three ways that you make yourself and your family safe within your own home? _____

INSTINCT

What is the dictionary's definition of instinct? _____

How can our instincts help us to avoid danger? _____

ENVIRONMENT

What is your environment? _____

Why should you be aware of your environment? _____

On Halloween what could be some dangers that we might find in the environment?

_____	_____
_____	_____
_____	_____

On a separate piece of paper, draw a picture of your environment.